	Lane 1	Lane 2	Lane 3	Lane4	Lane 5	Lane 6	
Monday							
6-6:15pm							Swim Team Prep
6:15-6:30pm							Junior Team
6:30-6:45pm							Achievement Group
6:45-7pm							Challenger Group
7-7:15pm							Elite Group
7:15-7:30pm							High School
7:30-7:45pm							
7:45-8pm							
8-8:15pm							
8:15-8:30pm							
8:30-8:45pm							
8:45-9pm							
Tuesday							
6-6:15pm							
6:15-6:30pm							
6:30-6:45pm							
6:45-7pm							
7-7:15pm							
7:15-7:30pm							
7:30-7:45pm							
7:45-8pm							
8-8:15pm							
8:15-8:30pm							
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8:45-9pm							

Wednesday				
6-6:15pm				
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6:45-7pm				
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7:30-7:45pm				
7:45-8pm				
Thursday				
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8:45-9pm				
Friday				
6-6:15pm				
6:15-6:30pm				
6:30-6:45pm				
6:45-7pm				
7-7:15pm				

7:15-7:30pm				
7:30-7:45pm				
7:45-8pm				